

Pricing

All workshops are fee-for-service, which is based on the length and duration of the services needed. Workshops can be tailored to specific clients' needs.

Please contact us for pricing.
Monthly subscriptions available.

contact@everythingessencewix.org

Our Mission

It is to teach others how to heal, break free from, and release traumatic life experiences to promote congruence and purposeful living while eliminating health disparities.

We help businesses cultivate a workplace culture that respects and values individuals regardless of their race, disability, religion, gender, or sexual orientation. I offer consulting services to help businesses grow and retain employees for long-term success through interactive team-building group exercises, training, and workshops for all business sizes and models.

We use performance art through music and poetry to relax the audience and create an interactive, holistic environment to promote emotional, mental, spiritual, and physical health and well-being.

We help youth envision a bright future beyond their environmental circumstances to combat challenging health disparities.

We help parents balance work/life stressors, improve family dynamics, address generational traumas, and overcome internal struggles.

Everything Essence Consulting Services LLC.
Educational Support Services
100 S. Juniper St.
3rd floor
Philadelphia, PA. 19107
(609)-447-1481
www.everythingessencewix.org



We offer Youth programs, Parent engagement workshops, non-credit course content creation, and Staff training development/workshops.

Non-Credit Course Creation

Courses are created specifically for your organization's developmental needs. These courses can be offered at Community Colleges, High schools, and/or Community agencies.

Staff training includes:

Trauma-informed care, Safety, leadership, and Development

Youth programming includes:

The Youth Fatherhood Program
"Conversations and Careers" programs for 10th-12th-grade students for exposure to entrepreneurship, and annual scholarships for 11th-12th-grade students.
Bereavement book readings to grades K-2 (for grief and loss support)

Parenting Services include:

Trauma-informed workshops to improve parenting skills, promote self-care, raise awareness of ACES and childhood development/behavior, offer coping skills, and provide community resource support.

Meet our Program Director



Ms. Nadiyah "Essence" Vance
Author/Motivational Speaker/Facilitator
Program Director of
E.V.E.E. Consulting Services LLC.

She uses her experience as a community-based nonprofit worker, social worker, parent facilitator, former correctional officer, mother, and child/family services worker to help people reframe past traumatic experiences and create new opportunities for a brighter future.

She has experience in the Human services field, specializing in individual and group counseling. Nadiyah's mission is to combat health disparities in low-income communities to improve the quality of life of disadvantaged and underserved populations by encouraging them to embrace change from within through various DBT and CBT techniques.

She teaches parents about forgiveness, self-love, supportive structures, community resources, and perseverance. She addresses the issues that people struggle with within themselves, such as depression, PTSD, Intergenerational patterns, abuse, stress, burnout, work/life balance, forgiveness, and resilience. She mentors youth in overcoming obstacles such as socioeconomic disadvantages and violence in the City of Philadelphia.

She addresses the issues that people struggle with within themselves, such as depression, PTSD, Intergenerational patterns, abuse, stress, burnout, life balance, forgiveness, and resilience. She facilitates staff trainings and workshops for the professional development of companies, bringing awareness to various ethnic traditions, promoting comprehension, and developing behaviors that foster a cohesive and properly structured workplace environment, ensuring equal inclusion for all employees without prejudice. She facilitates staff trainings on trauma-informed care, self-care practices, and an understanding of clients' needs in social services to prevent health disparities.

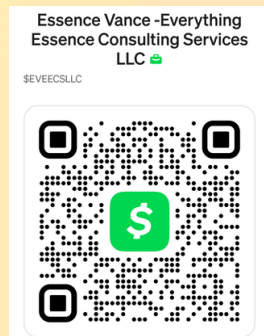
Youth Programs include:

- Youth Fatherhood Program
- Scholarships 11th & 12th grades
- Youth entrepreneurship program
10th-12th grades
- Self-esteem building workshops
- Creative writing program

We offer children's bereavement book readings of "Sister My Sister."

For grades K-3, to help young children process grief and loss.

Youth programming is made possible through the generosity of donors.
Thank you in Advance.



(Donate Here)

If you would like to subscribe to any of our programs,
Please get in touch with us at

(609)-447-1481
or
contact@everythingessencewix.org

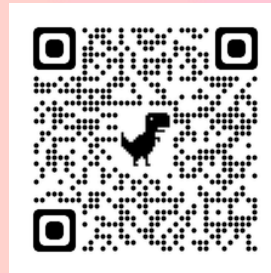
Staff Leadership and Development training consists of the following courses:

- Challenge yourself to reach the Next Level.
- Cultural Competency in the Workplace
- Organizational Health & Safety Training
- Facilitation services
- Non-credit Course creation

Please visit our website for program descriptions

www.everythingessencewix.org

Scan the QR code below



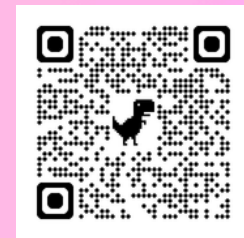
Parenting Workshop

• Adverse Childhood Experiences

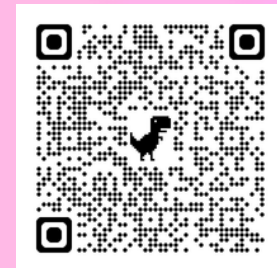
A trauma-informed workshop on parenting skills, child development/behavior, coping skills, and community resources.

Scan the QR codes for book purchases:

"Sister My Sister"
(children's bereavement book)



"Layers of a Single Mother, My Past is not My Present"



We hope to make a difference in your community's lives.